

Questions from *The Baltimore Catechism No. 1*

1. Q. *Who is God?*
A. God is the Creator of heaven and earth, and of all things.
2. Q. *What is man?*
A. Man is a creature composed of body and soul, and made to the image and likeness of God.
3. Q. *Why did God make you?*
A. God made me to know Him, to love Him, and to serve Him in this world, and to be happy with Him forever in the next.
4. Q. *Why can there be but one God?*
A. There can be but one God, because God, being supreme and infinite, cannot have an equal.
5. Q. *What is the Blessed Trinity?*
A. The Blessed Trinity is one God in three Divine Persons.
The Father is God and the first Person of the Blessed Trinity.
The Son is God and the second Person of the Blessed Trinity.
The Holy Spirit is God and the third Person of the Blessed Trinity.
6. Q. *Are the three Divine Persons one and the same God?*
A. The three Divine Persons are one and the same God, having one and the same Divine nature.
7. Q. *Who is Jesus Christ?*
A. Jesus Christ is God, the Second Person of the Trinity, consubstantial (of the same substance or essence) with the Father, who became man and was born of the Virgin Mary. As such he is one Divine Person, with two natures, human and divine; he is fully God and fully man.
8. Q. *Did Adam and Eve remain faithful to God?*
A. Adam and Eve did not remain faithful to God; but broke His command by eating the forbidden fruit.
9. Q. *What happened to Adam and Eve on account of their sin?*

20. Q. *On what day did the Holy Spirit come down upon the Apostles?*
A. The Holy Spirit came down upon the Apostles ten days after the Ascension of our Lord; and the day on which He came down upon the Apostles is called Pentecost.
21. Q. *Why did Christ send the Holy Spirit?*
A. Christ sent the Holy Spirit to sanctify His Church, to enlighten and strengthen the Apostles, and to enable them to preach the Gospel.
22. Q. *What is grace?*
A. Grace is a supernatural gift of God bestowed on us, through the merits of Jesus Christ, for our salvation.
23. Q. *What is sanctifying grace?*
A. Sanctifying grace is that grace which makes the soul holy and pleasing to God.
24. Q. *What is actual grace?*
A. Actual grace is that help of God which enlightens our mind and moves our will to shun evil and do good.
25. Q. *Which are the means instituted by our Lord to enable us at all times to share in the fruits of the Redemption?*
A. The means instituted by our Lord to enable us at all times to share in the fruits of His Redemption are the Church and the Sacraments.
26. Q. *What is the Church?*
A. The Church is the assembly of all those who profess the faith of Christ, partake of the same Sacraments, and are governed by their lawful pastors under one visible Head.
27. Q. *Who is the invisible Head of the Church?*
A. Jesus Christ is the invisible Head of the Church.
28. Q. *Who is the visible Head of the Church?*
A. Our Holy Father the Pope, the Bishop of Rome, is the Vicar of Christ on earth, and the visible Head of the Church.
29. Q. *Has the Church any marks by which it may be known?*
A. The Church has four marks by which it may be known: it is One; it is Holy; it is Catholic; it is Apostolic.
30. Q. *In which Church are these marks found?*
A. These marks are found in the Catholic Church alone.
31. Q. *What is a Sacrament?*
A. A Sacrament is an outward sign instituted by Christ to give grace.
32. Q. *How many Sacraments are there?*

42. Q. *How often should we go to Confession?*
A. We should go to Confession at the very least in preparation for Christmas and Easter. We must go to Confession whenever we are conscious of having committed a mortal sin. We are encouraged to go on a regular basis to grow in our relationship with Jesus.
43. Q. *What is the Mass?*
A. The Mass is the unbloody sacrifice of the body and blood of Christ. It is the same sacrifice as that of the cross.
44. Q. *What is the Holy Eucharist?*
A. The Holy Eucharist is the Sacrament of the body and blood, soul and divinity, of our Lord Jesus Christ under the appearances of bread and wine.
45. Q. *How do the priests exercise this power of changing bread and wine into the body and blood of Christ?*
A. The priests exercise this power of changing bread and wine into the body and blood of Christ through the words of consecration in the Mass, which are the words of Christ: This is My body; this is My blood.
46. Q. *After the consecration, is the Eucharist still bread and wine?*
A. No, it is truly the Body and Blood, Soul and Divinity of Christ, whom we worship and adore.
47. Q. *What is the Sacrament of the Anointing of the Sick?*
A. The Anointing of the Sick is the Sacrament which, through the anointing with the oil of the sick and the prayer of the priest, gives health and strength to the soul, and sometimes to the body, to those who are sick.
48. Q. *What is the Sacrament of Holy Orders?*
A. Holy Orders is a Sacrament by which bishops, priests, and deacons are ordained and receive the power and grace to perform their sacred duties. Priests and bishops exercise their ministry in the person of Christ.
49. Q. *What is the Sacrament of Matrimony?*
A. The Sacrament of Matrimony is the Sacrament which unites a baptized man and woman in lawful and holy marriage by an indissoluble bond until death.
50. Q. *Is it enough to belong to God's Church in order to be saved?*
A. It is not enough to belong to the Church in order to be saved. We must also keep the Commandments of God and of the Church.

60. Q. *What is the judgment called which we have to undergo immediately after death?*
A. The judgment we have to undergo immediately after death is called the Particular Judgment.
61. Q. *What is the judgment called which all have to undergo on the last day?*
A. The judgment which all have to undergo on the last day is called the General Judgment.
62. Q. *What are the rewards or punishments appointed for our souls after the Particular Judgment?*
A. The rewards or punishments appointed for our souls after the Particular Judgment are Heaven, Purgatory, and Hell.
63. Q. *What is Heaven?*
A. Heaven is the state of everlasting life in which we see God face to face, are made like unto Him in glory, and enjoy eternal happiness.
64. Q. *What is Purgatory?*
A. Purgatory is a state in which those who die guilty of venial sins, or without having satisfied the temporal punishment due to their sins are purified by God's love and made ready to enter his presence. For nothing unholy can stand in the presence of the all holy God.
65. Q. *What is Hell?*
A. Hell is a state to which those who have willfully and completely turned against God and have died in the state of mortal sin are, by their own choice, deprived of the sight of God for all eternity and suffer that dreadful loss.
66. Q. *Will our bodies share in the reward or punishment of our souls?*
A. Our bodies will share in the reward or punishment of our souls, because through the resurrection they will again be united to them.
67. Q. *What is prayer?*
A. Prayer is the lifting up of our minds and hearts to God.